

**EXPLORER'S HANDBOOK** 

**Luke & Trisha Gilkerson** 



Step into the world of birds, where every chirp and flutter tells a story! From their remarkable feathers and powerful wings to their unique roles in nature, birds are fascinating creatures. Join us as we uncover what makes birds special and explore the amazing ways they shape the world around us!

### **VOCABULARY**



Ectotherm

Endotherm

Invertebrates

Taxonomy

Tetrapod

Vertebrates

# OUTLINE & NOTES LESSON 1: WHAT MAKES A BIRD A BIRD?

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# A BEGINNER'S GUIDE TO DWATCHING & JOURNALI

Get ready to become a birdwatcher and nature observer! In this activity, you'll learn how to use a field guide and start your very own birdwatching journal—no artistic skills required. You'll be making your very first entry in your birdwatching journal by observing a common bird in your area—or through a webcam if no birds are visible near you. You'll practice observing, sketching, and recording details about a common backyard bird to sharpen your identification skills.

#### Supplies:

- Nird field guide or bird identification book for your region
- Notebook with blank paper to be used as a birdwatching journal
- Pencil
- Binoculars (optional)

#### **Instructions**

- 1. Head outside to your backyard, a local park, or even just look out your window and find a bird to observe. If you don't see any birds around you, try one of the live bird webcams listed in the online classroom.
- 2. Watch the bird for as long as it will let you. Just focus on what the bird is doing and what it looks like. If possible, take photos of the bird with a digital camera or phone.
- 3. Start your journal entry.
  - On a fresh, blank page, write today's date and location where you observed the bird.
  - Sketch the bird—just a simple outline is fine!
  - List key features you noticed:

- ≈ Size: tip of beak to tip of the tail
- ≈ Shape: note if the bird is fat or slender, with longer legs or shorter legs, short tail or long tail
- ≈ Colors: note both what colors you see and any markings
- ≈ Beak: sharp and hooked for tearing flesh; thick, short, and cone-shaped for cracking seeds, pokey for pecking wood and picking at insects; long and flat for straining at the water; long and tubular for sipping nectar
- ≈ Behaviors you observed: hopping, running, perching, singing, bathing, flying, eating
- ≈ Any sounds or calls it made
- 4. Use your bird field guide to try to identify the bird. Write the name of the bird if you're able to identify it or "unknown" if you're unable to identify it.
- 5. See the sample page from a birding journal on the following page.

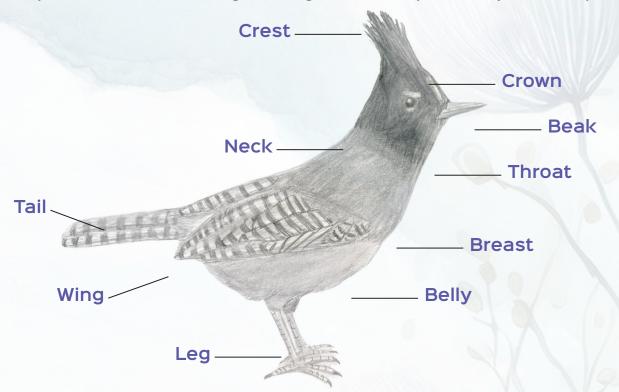
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## Sample Journal Page



# **BIRD BODY BASICS**

Every bird, from the tiniest hummingbird to the tallest heron, shares a common set of body parts. Knowing these helps you describe, identify, and admire God's amazing winged creations! Learning these parts helps you notice more, describe birds, as well as understand exactly what we're talking about in your lessons. As you watch videos, read field guides, or observe birds in the wild, you'll hear these terms used again and again—and now you'll know just what they mean!



**Back:** The upper part of the body, between the wings on the upper side of the bird

Beak: The hard, pointed part at the front of the face, above the throat

**Belly:** The lower part of the body, beneath the breast and above the legs

**Breast:** The front part of the body, just below the neck

**Crest:** A tuft of feathers on the top of the head, sometimes raised or lowered

**Crown:** The very top of the bird's head

**Leg:** The lower limbs of the bird

**Neck:** The part between the head and the body that supports the head

Tail: The feathers at the rear end of the bird's body

Throat: The area just below the beak, at the front of the neck

Wing: The upper limbs of the bird

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