# BIOLOGY

**EXPLORER'S HANDBOOK** 

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# LIFE BENEATH THE WAVES

Dive into the mysterious world beneath the waves, where vibrant coral reefs, giant whales, and glowing creatures fill the ocean with life. In this lesson, we'll explore the vital role the ocean plays in sustaining life on Earth, from regulating our climate to providing food and resources. Get ready for an exciting journey through marine biology as we discover the incredible ecosystems and creatures that call the ocean home!

# VOCABULARY

Abyss 🖈

Marine biology

Midnight zone Sunlight zone

Trenches 🏠 Twilight zone

# **OUTLINE & NOTES** LESSON 1: LIFE BENEATH THE WAVES

Ι.	Introduction to Marine Biology					
	A biology: the study of in the					
	andenvironments					
	<b>B.</b> The ocean covers more than of the earth					
	1 Ocean					
	2 Ocean					
	3 Ocean					
	4 Ocean					
	5 Ocean					
	<b>C.</b> Only about of the ocean has been explored					
	D. Home to a vast					
П.	Importance of the Oceans					
	A: marine organisms					
	of Earth's oxygen					
	B: oceans store and regulate heat,					
	preventing extreme temperature changes and moderating coastal climates					
	C: large currents help regulate climat	te				
	globally, including regions far from the ocean					
	D. Weather influence					
	1					
	2. Fuels like hurricanes and monsoons					
	<b>E.</b> Provides,,,					

	ucture of th						
<b>A</b> .	Oceans are home to	o many diverse _					
	Ocean zones						
1.		_zone (0-200 m	eters)				
	a. The	zone:	sunlight can penetrate				
	this zone						
	b. Most	part of	the ocean				
	c. Base of the		is in this zone				
2.	2 zone (200-1,000 meters)						
	a. Light is						
	b. Ocean		, helping spread	and			
		throughout	the ocean				
	c. A very region						
3.	3 zone (1,000-4,000 meters)						
	a. No						
	b. Pressure		that on land				
	c. Life has	to w	rithstand				
			in this region				
	d. Animals often r	ely on	that				
	from the						
4.		_(4,000-6,000 m	leters)				
	a. Pressure		that on land				
	b. Temperature						
	c. Life is	and					
	•		from above or				
		from the		for food			

	ver 10,900 meters deep)	
a. The	parts of the ocean	
b	is the deepest place	ce on Earth
c. How organisms sur	vive	
(1) Eating	from the ocean floor	
(2) Rely on	produced	by underwater
	_	
(3)	: conversion of	into
energy		
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## **GUIDELINES FOR SCIENTIFIC SKETCHING**

In marine biology, sketching is an important tool for recording observations. It's not about making perfect artwork—it's about accurately capturing what you see. Follow these guidelines to ensure your scientific sketches are clear, useful, and effective.

### 1. Use the full page.

Avoid drawing too small! Give your subject enough space to show details clearly. If using a worksheet, stay within the designated area but don't cram everything into one tiny portion.

### 2. Label your drawings.

Labels provide important information and make your sketch more useful. Always include:

- The name of the organism
- If using a microscope, the magnification power
- Clear, straight label lines (using a ruler can help!)

### 3. Give your sketch a descriptive title.

Every drawing should have a title that clearly explains what it represents. Instead of something vague like "Weird Blob," go for a specific title such as "Microscopic View of a Diatom at 40x Magnification."

### 4. Draw only what you see.

Scientific accuracy is key! Don't assume or add details you think should be there. If the sea star you're observing has four arms instead of five, draw exactly what you see.

### 5. Focus on what's necessary.

You don't have to draw everything in sight. If viewing a microscope slide full of cells, sketch just one or two as a representative sample rather than every single one. Scientists focus on what's important—so should you!

### Pro tip:

Sketching is a skill that improves with practice. It helps train your eyes to notice details and deepens your understanding of what you're studying. Don't stress about perfection just aim for clarity and accuracy!

# EXPLORATION ACTIVITY EXPLORING OCEAN ZONES

Dive into the ocean to explore life beneath the waves! In this assignment, you'll create a visual representation of the ocean zone highlighting key features of each zone, like temperature, light, depth, and the creatures that live there, to help you remember the unique characteristics of each deep-sea environment. Are you ready to let your creativity flow?

### **Supplies**

Colored pencils or markers

### Instructions

- Create a drawing or visual diagram of the ocean showing each of the five ocean zones. Your drawing should clearly show the zones and include key characteristics or facts to help you remember them.
  - Highlight the important characteristics of each zone, such as temperature, pressure, depth range, and light.
  - Highlight the types of animals or plants that live in each zone and include any unique adaptations of animals to survive in each zone.
  - Be imaginative and have fun with your descriptions and visuals.
- 2. The more details you include, the better you'll remember the characteristics of each zone!

### Questions

1. Which ocean zone do you find most fascinating and why?

2. How do the organisms in the different ocean zones help you understand the importance of the ocean's environment?

NOTES	

Title